



## Create Your Pizza

### Standard Pizza €10

Includes our House Tomato Sauce, Toons Bridge Irish Fior di Latte Mozzarella & Grated Mozzarella (contains: wheat, milk)

### Additional Toppings

€1 each

#### Meats

Jack McCarthy's Black Pudding  
(contains: barley, wheat, oats)

Pompeii Sausage with O'Flynn's Pork,  
White Wine, Fennel, Garlic & Pepper  
(contains: wheat, sulphites, soy)

Gubbeen Chorizo

Serrano Ham

Nduja (spicy sausage pâté)

#### Vegetables

Mushrooms

Rocket

Jalapenos

Sliced Potatoes

Cherry Tomatoes

Roast Red Peppers

Black Kalamata Olives

Caramelised Onions

Aubergine

Artichoke

#### Cheeses

Vegan Mozzarella (contains: soy)

Feta (contains: milk)

Goat's Cheese (contains: milk)

Cashel Blue (contains: milk)

Ballinrostig Smoked Gouda (contains: milk)

Macroom Buffalo Ricotta (contains: milk)

Toons Bridge Fior di Latte (contains: milk)

### Sides & Dips

Cheesy Garlic Bread €4.95 (contains: wheat, milk)

Garlic Bread €3.95 (contains: wheat)

Garlic Aioli €2.5 (contains: eggs)

Balsamic Reduction (drizzle) €1

Truffe Oil (drizzle) €1.5

Try it Chilled! Order any pizza on our menu Chilled & Unsliced.  
Reheat at home in minutes, for the best quality at-home pizza.

### Allergens

All our pizzas contain wheat. Please make us aware of any dietary requirements.

## Welcome

We warmly welcome you to our pizzeria at the Franciscan Well Bar. To ensure the comfort & well-being of all customers & staff, we are implementing HSE guidelines & the Fáilte Ireland Covid-19 Safety Charter.

We kindly ask that assist these efforts by:

- Following the signage and allow a 2 meter distance from other customers in the queue
- Availing of the hand-washing facilities beside our counter
- Using contactless card payment if possible
- Practicing social distancing, respiratory hygiene, & regular hand-washing

Thank you for your understanding & cooperation.



## Pick Your Pizza

**Salsiccia** €13 Tomato Sauce, Broccoli with Garlic, Chilli & Olive Oil, Pompeii Sausage, Fior di Latte (contains: wheat, sulphites, milk, soy)

**Nduja** €12 Tomato Sauce, Nduja, Caramelised Onions, Fresh Basil, Fior di Latte, Parmesan (contains: wheat, milk)

**Contadina Bianca** €12 Jack McCarthy's Black Pudding, Sliced Pear, Cashel Blue Cheese, Fior di Latte (contains: wheat, barley, oats, milk)

**Margherita Italiana** €10 Tomato Sauce, Olive Oil, Fior di Latte, Fresh Basil (vegetarian; contains: wheat, milk)

**Plain Cheese / Margherita Irlandese** €10 Tomato Sauce, Grated Mozzarella, Fior di Latte (vegetarian; contains: wheat, milk)

**Pizza Bianca** €11 Sliced Potatoes, Paprika, Fior di Latte, Parmesan, Rosemary, Sea Salt (vegetarian; contains: wheat, milk)

**Quattro Formaggi** €13 Ballinrostig Smoked Gouda, Cashel Blue, Macrooom Buffalo Ricotta, Fior di Latte (vegetarian; contains: wheat, milk)

**Parmigiana Bianca** €12 Aubergine, Goat's Cheese, Cherry Tomato, Fior di Latte, Parmesan, Basil, Sea Salt (vegetarian; contains: wheat, milk)

**Margherita Vegana** €10 Tomato Sauce, Vegan Mozzarella, Fresh Basil (vegan; contains: wheat, soy)

**Marinara** €9 Tomato Sauce, Garlic, Olive Oil, Oregano (vegan; contains: wheat)

**Jackfruit Vegan** €13 BBQ Marinated Pulled Jackfruit, Peppers, Black Olives, Vegan Mozzarella, Rocket (vegan; rocket not included on chilled version; contains: wheat, soy)

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### Our Story

Pompeii Pizza was born on the road in 2009. We built our first oven from salvaged bricks & dole cheques, towing it from market town to village festival on a learning curve of pizza perfection, minor burns & the benefits of long-johns on a frosty winter morning. During this time, we started our Thursday night pizza sessions in the beer garden of the Franciscan Well Bar. Our friendship with the award-winning brew pub has grown over the years & we're now resident here seven nights a week.

### Our Pizza

Our dough is made from a unique blend of flour milled in-house from Irish heritage grain grown by Kells Wholemeal, combined with the finest Italian Caputo type '00'. Our homemade tomato sauce is a secret recipe, with some choice ingredients. Toppings are sourced from quality local producers including Toons Bridge Dairy, Gubbeen Smokehouse, The Real Olive Company, O'Flynn's Gourmet Sausages, Ballinrostig Homestead, Macrooom Buffalo Cheese, McCarthy's of Kanturk and The Boots Italian Specialities.

The magic happens in the wood-fired oven, heated to over 400°C using well-seasoned hardwood. This heat, delivered to the dough through convection, conduction & radiation, seals in the steam & flavours from the yeast, resulting in a light fluffy bread that's easily digestible & delicious.